

ABOUT US

Breakaway Community Services is a multi-functional substance use and mental health support agency that provides a range of community-based and outreach programs.

MISSION

Our mission is to provide seamless, comprehensive, and effective harm reduction services and a full range of substance use support services that are amenable to an individual's needs and goals. Our services are offered through community-based facilities with a focus on street and community outreach.

PHILOSOPHY

At Breakaway Community Services we are dedicated to providing programming that includes all aspects of our clients lives and situations. We have always operated on harm reduction approach, which forms the philosophical basis for all our work, in reducing harm and enhancing the health of our clients.

CONNECT WITH US



416-537-9346



21 Strickland Avenue
Toronto, ON
M6K 3E6



www.breakawaycs.ca



416-537-2598



**BREAKAWAY
COMMUNITY
SERVICES**

PROGRAM INFORMATION

PIECES TO PATHWAYS

Pieces to Pathways (P2P) offers a full range of substance use support services, including a community kitchen, individual counselling, case management, and trauma support groups for LGBTQIA2S+ youth ages 16-29. All services are delivered by LGBTQIA2S+ staff members with their own experiences of substance use and recovery.

HARM REDUCTION COUNSELLING AND SUPPORTS TEAM

The Harm Reduction Counselling and Supports Team (HRCST) works with people who use drugs and who can not afford to pay for services. We provide in-depth counselling and some case management services. Our program will meet with people in Toronto who fit our criteria who would like support addressing their substance use.

SATELLITE OPIOID TREATMENT CLINIC

Satellite is a community-based, outpatient, opioid addiction treatment service. Services include opioid agonist treatment counselling, and case management, among others.

THROUGH RUFF TIMES

Through Ruff Times (TRT) aims to reduce barriers for people with pets who may experience poverty, homelessness, mental health and substance use concerns, violent living conditions and/or any other self-identified challenges. Along with our volunteer RUFF Sitter Team, we provide temporary pet care for up to 3 months, at no cost.

FAMILY AND YOUTH INITIATIVE

This initiative is an outpatient program developed to meet the needs of youth, aged 12 to 25, and their family members and friends who are struggling with substance use concerns. We provide individual and family therapy, school outreach, and harm reduction education.

TORONTO OPIATE SUPPORT TEAM

The Toronto Opioid Support Team (TOST) provides outreach services for people who are using opiates and replacement medications, and have little or no access to supportive services. We work collaboratively with agencies and programs in the community to offer holistic, compassionate, accessible, and flexible ongoing or short term counselling. We serve: people over 50, female identifying people, and youth ages 16-29.

INTAKE INFORMATION

To connect with services at Breakaway, please contact our agency wide intake coordinator:

Claudia Abdool (She/Her)
claudiaa@breakawaycs.ca
416-537-9346 x 225

**** Please note that our Addiction Supportive Housing and GLoW programs have separate intake processes. See program information below for more details.**

GLOW INITIATIVE: GRIEF, LOSS AND WELLNESS

The GLoW Initiative offers 1-1 and group supports to frontline workers, community-facing management and coordinators, and community supporters who have been impacted by the trauma and overwhelming loss of the drug poisoning and overdose crisis. For intake, please visit glowinitiative.com

ADDICTION SUPPORTIVE HOUSING

The Supportive Housing program is offered in partnership with CommunitiCare Health, and is available to individuals who are currently housed in our program only, are 16+, who have problematic substance use, and require stable housing. The program provides supportive housing to people without requirements for engaging in addiction treatment. Participants are referred to us through CommunitiCare.