



ANNUAL REPORT
2023-2024



TABLE OF CONTENTS

LETTER FROM THE EXECUTIVE DIRECTOR

REDUCING HARM, EMBRACING HEALTH

OUR MISSION AND VISION

OUR TEAM AND BOARD

OUR IMPACT

OUR PROGRAMS

HIGHLIGHTS THIS YEAR

FINANCIALS

THANK YOU TO OUR DONORS

THANK YOU TO OUR PARTNERS

ON THE COVER

The Breakaway Mural, created in in 1999 by **Milyon Woldemichael** and **Ehrling White**, offers a vibrant welcome to clients, staff, and visitors as they enter the Breakaway office. Milyon is an Administrative Coordinator on the Satellite team, and a passionate artist. Ehrling is a former counselling-only client, and one of Parkdale's most talented mural artists. He has incredible colour theories and a knack for wordless stories that stimulate the creative side of viewers' perceptions. The mural sits just above the common area, offering a second warm welcome to everyone that steps in - the first welcome being Milyon, often at our front desk.



Letter from the Executive Director

Dear Community Friends and Supports,

Thank you very much for supporting Breakaway. If you end up reading no further, at the very least please accept my genuine gratitude. My gran was known to say “follow the pennies and the pounds (dollars) will follow.” This is true in fundraising. We would not be able to keep doing this life saving, yes life saving, work without every dollar we receive.

As I sit down to compose my annual letter, I wrestle with how to communicate my opposing thoughts and feelings. I am at once both fearful and hopeful about the state of the Harm Reduction sector.

My fear is that Harm Reduction, as a philosophy and approach, is being challenged across the province and country. Safe Consumption Sites are being shut down, community agencies are being asked to do more with less, more people are dying in community, and the rising costs of living impact our clients and our staff alike. Fear mongering seems to be the driving force and it remains difficult to shift the narrative away from “people that use drugs are dangerous” and that they don’t deserve the services or safety they ask for.

My hope, on the other hand, comes from the exceptional people that I work with at Breakaway. They show up every day, often with humor and optimism, to navigate the inane systemic barriers, challenges and human suffering. There is often pressure and onus on workers to “build their resilience.” Resilience is but one small part. I believe that my number one job as ED is to support and advocate for “the people that look after the people.” This requires me to have a genuine awareness of the challenges staff face in their work and empathy for the personal tolls of doing this work, which shows up as vicarious trauma, stress, burnout and grief.

This report honours and highlights the Breakaway Staff (starting on page 8).

Through their words you will hear the awe and respect that they have for every single person that comes through our door and live in our communities. You will hear intelligence and insight. You will hear wisdom and integrity. And you will hear **hope**. Hope because Harm Reduction IS the best approach to supporting people that have experienced trauma and use substances to cope. To accept people as they are and to give autonomy creates hope and change.

Thank you staff. Thank you clients. Thank you donors. Thank you board. Thank you partners.

Every challenging day is better for you all.

In solidarity and with warmth, Nicola



Nicola with Eleanor at Carlisle Creek Farm Sanctuary



REDUCING HARM, EMBRACING HEALTH

Since 1989, Breakaway Community Services has provided innovative substance use support services with a focus on harm reduction. We pride ourselves in breaking down barriers to accessing support and filling in systemic gaps in substance use support services. Our programs are flexible, trauma-informed, and evidence-based, and we work to meet our clients wherever they are at on their journey.

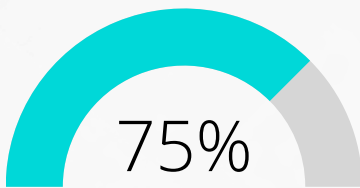
Did you know?



1 in 5 Canadians will meet the criteria for a substance use disorder at some point in their lives



Of people who have used substances, 1 in 6 have reported experiencing harm as a result of their substance use.



75% of Canadians would not disclose a substance use or mental health concern to a coworker.

Why is harm reduction important?

Harm reduction is an approach to addressing substance use that focuses on minimizing the negative consequences associated with substance use. This strategy is rooted in public health principles and emphasizes compassion, respect, and evidence-based practices.

At Breakaway, effective delivery of our services requires that we:

- Offer a variety of treatment and support modalities, including abstinence.
- Work with clients to build personal agency and take ownership of their journey. We work with clients to set goals and make choices to achieve them over the long-term.
- Reduce stigma and barriers to access, including shame and guilt. Our priority is to increase access and uptake of health and social services.
- Offer a human experience, versus a clinical approach. We help clients build relationships with staff, peers, the community at-large, and themselves and their relationship with substances.

OUR MISSION AND VISION



Success means that our clients have achieved healthier outcomes and no longer require our services.

In our broader communities, we aim to:

- Develop services proactively and reactively to address emergent community needs.
- Refine and scale services that enable greater accessibility and uptake of substance use services and supports.

In Parkdale, we aim to:

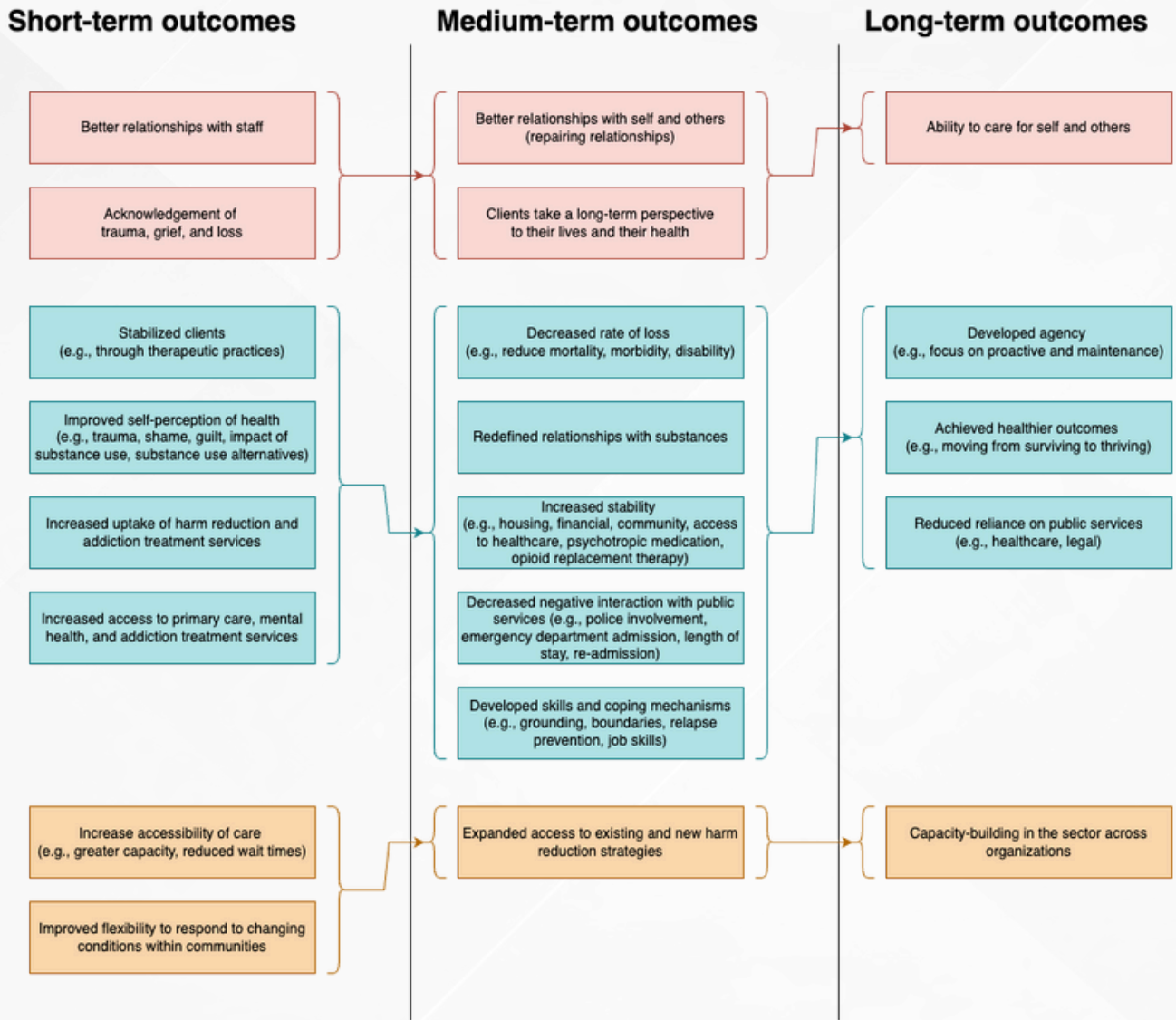
- Eliminate wait-time to care by developing drop-in availability to all our services, alongside our existing clinical care model.
- Reach all individuals that use substances by enhancing demand discovery through direct and referral channels.





REALIZING OUR MISSION AND VISION

Our logic model is at the heart of our every day work. We offer a diverse selection of programs to generate long-term, duplicatable outcomes for our clients. We do this through intentional **program design**, **service delivery**, and **research & innovation**.



- **Program design:** We work to ensure that our organization and environment offer a foundation of care for our clients that enables them to care for themselves and others.
- **Service delivery:** Our clinical and community services are designed to enable clients to develop agency, achieve healthier outcomes, and reduce reliance on public services.
- **Research & innovation:** We continue to invest in service innovation to respond to emergent community needs and build capacity across the sector.

We are strongly committed to providing our services from a community-based, harm reduction, anti-oppression, and trauma-informed approach.

OUR TEAM AND BOARD

The Breakaway Team

Addiction Supportive Housing

Katrina Dunn
Manisha Rampersad
Marina Classen

Harm Reduction Outreach

Amit Robson
Karey Williams
Richard Utama
Stefania Scgambelluri

Toronto Opiate Support Team

Gordon Seaman
Kai Sommerville
Lindsay Williams

Through Ruff Times

Melissa Pisante
Mella Brown
Sasha Humar

Clinical Supervision

Amy Druker

Family and Youth Initiative

Ellen Chang
Finn MacLeod
Renee Sandler

Pieces to Pathways

Carmel Hutchison
Jean Malig
Kennedy
Reina Grant
Rhekia Fahssi
Rubén MJ. Tarajano
Tim McConnell
Winnie Payne
Sam Oh
Rick Akouris

Management

Anne Marie DiCenso
Kathy Hughes
Nicola Bangham
Stephen Chatterton

Grief, Loss, and Wellness

Amy Muli
Dana Kirkcaldy
Danielle Lobo

Satellite Opioid Treatment

Amanda Ross
Dr Anita Srivastava
Liz Herlich
Maura Pooran
Melody Alderton-Ballik
Milyon Woldemichael
Mohak Ramnani
Sev Arslan
Stephanie Grisafi

Administration

Brynn Schatz
Claudia Abdool
Marina Douglas
Odessa Hewitt-Bernhard

Board of Directors

- Tracey Methven (Co Chair)
- Neha Trivedi (Co Chair)
- Nicky Lightstone (Treasurer)
- Nicole Hunter (Secretary)
- Aadil Mangalji
- Jan Hicks
- Jordann Thirgood
- Kelly Holt
- Salematou Camara
- Selvalakshmi Rabindranath Tagore

We would like to extend our sincerest thanks and a fond farewell to departing board members Neha and Selvalakshmi.

Neha has been with us since 2017, and Selva since 2022. Both have made innumerable contributions over these years, contributing their experiences and skills in marketing & fundraising and health & project management, respectively.

Thank you from our hearts.

OUR IMPACT 2023-2024

743
ONGOING CLIENTS

8,239
ANONYMOUS
CLIENTS



21,038
SERVICE
INTERACTIONS

Sasha and Walter

26,968
INHALATION
SUPPLIES
DISTRIBUTED



Outreach at YOHOMO Pride

360
REFERRALS
PROVIDED

90
NALOXONE KITS
AND TRAINING



Outreach at Boiler Room

4,739
HARM REDUCTION
KITS DISTRIBUTED

63,878
INJECTION
SUPPLIES
DISTRIBUTED

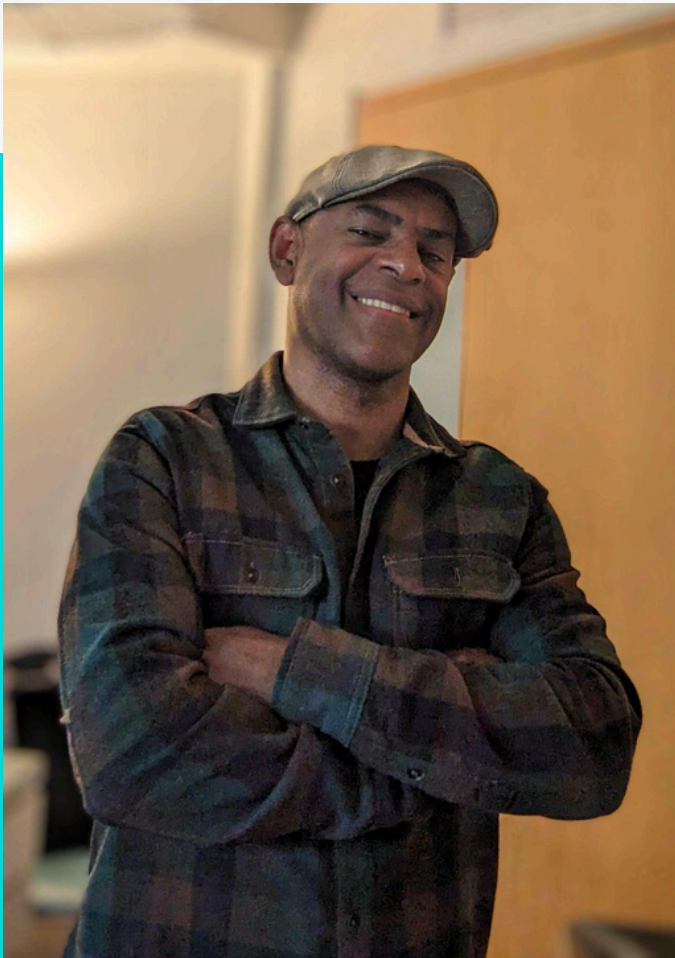


OUR PROGRAMS 2023-24

Satellite Opioid Treatment

Satellite is an outpatient program that provides comprehensive primary care and nursing services to clients, offering opioid agonist treatment (OAT) that prevent withdrawal and reduce cravings from opioid drugs. Satellite also offers counselling and therapy, health education, and other peer support and community services.

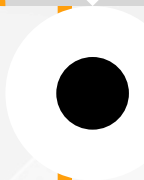
- Ability to care for self and others (LT)
- Developed agency (LT)
- Achieved healthier outcomes (LT)
- Reduced reliance on public services (LT)



Myron Velderrichal (he/him)
Admin Coordinator, Satellite Opioid Treatment

I have been with Breakaway for the past 28 years, working as a drug screening technician in the lab for the first half and now as an administrator at Satellite. My work involves clinical coordination, managing medical records and charts, transportation and logistics, for example, booking wheel trans services for clients, facilitating communication between clients and their healthcare providers and helping clients obtain their medications according to the doctor's advice. But first and foremost, I am the first point of contact when a client calls, so it is very important for me to make sure that I give every client 100% of my attention.

My work at Breakaway means so much to me. Not only do I get to meet amazing and interesting people from all walks of life, clients, staff, and volunteers alike, I also get the opportunity to exercise my art and design background whenever opportunity arises. The 18 foot mural on the wall was made by a Satellite client and !! The diversity of talent of our clients is astounding, and I am proud that Breakaway offers a kind, therapeutic practice that respects our clients and comes from a place of empathy.



OUR PROGRAMS 2023-24

Toronto Opiate Support Team

TOST operates across Toronto as an outreach team reducing barriers to support by engaging with and advocating for clients, with a focus on youth, seniors, and women using opioids. Our services include case management, counselling, and service provider training.

Ability to care for self and others (LT)

Developed agency (LT)

Achieved healthier outcomes (LT)

Reduced reliance on public services (LT)



Lindsay Williams (she/her)
Counsellor, Toronto Opiate Support Team

The Toronto Opiate Support Team was created over a decade ago to reach people that were not getting access to opioid treatment and services (for example methadone, which reduces opioid craving and withdrawal). Specifically, women (my focus), youth, and older adults were found to be the populations getting the least support. Our goal is to build relationships with people in community who are not connected with any supports / resources, and partner with physicians, nurses, and make linkages with community resources as needed.

Women using substances, especially mothers, endure severe marginalization and discrimination. Not only is there a lack of access to treatment services in our city, they must also juggle the complexity of pre and post-natal care and parenting at the same time. What little services are available are often tinged with inaccessibility and judgement, limiting both service providers' and mothers' abilities to create healthier outcomes for the mother and their child.

Working at Breakaway affords me the opportunity to work with women at the pace, the place, and with the approaches they require.



OUR PROGRAMS 2023-24

Harm Reduction Counselling and Supports

Our HRCS team provides off-site harm reduction services, offering case management, crisis intervention, counselling, and resource distribution to clients - meeting them where they are. HRCST offers support for all forms of addiction, from substance use to behavioural (e.g., gambling).

Ability to care for self and others (LT)

Developed agency (LT)

Decreased rate of loss (MT)

Reduced reliance on public services (LT)



Richard Utana (he/him)
Counsellor, Harm Reduction Counselling

I started out working in the HIV field, where I encountered a lot of LGBTQ+ clients using substances such as crystal meth. Wanting to broaden my horizons, I came to Breakaway to understand the nature of substance use.

You will hear this a lot from our team - in my experience in this field, addiction and substance use is almost always a result of deeper trauma. What a client says isn't always what they mean, and we must read between and beyond the lines to understand the pain that leads them into these situations. A young client of mine uses crack, and his schizophrenia and mental developmental challenges are major factors that put him on this long journey.

The core of our work is human connections and relationships. By building this intimate connection and trust with our clients, we create an environment in which we can help them identify and address these deeper root causes. I helped this young client get more medication for his schizophrenia, and working with his mother, we were able to create an environment that helps him achieve healthier outcomes.

We cannot be everything for everyone, and it is often challenging to do our work in the face of limited resources and changing policy climates, but the incredible team and management here really allows us to continue working to help our clients build agency and make healthier decisions regarding their health and substance use.



OUR PROGRAMS 2023-24

Family and Youth Initiative

FYI is one of the only harm reduction based substance use services for families and youth in Toronto. Our outpatient program offers assessments, individual & family therapy, and community and school outreach and education to help youth and their families build tools to achieve healthier outcomes.



Ellen Chang (she/her)
Counsellor, Family and Youth Initiative

Ability to care for self and others (LT)

Developed agency (LT)

Achieved healthier outcomes (LT)

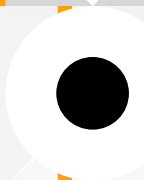
Developed skills and coping mechanisms (MT)

Capacity-building across organizations (LT)

Youth are in a critical developmental stage where they are starting to make their own choices and gain greater independence in their lives. It is a time of great self-discovery, but it can also be a time of potential discord with their families. Our services are unique in that we provide counselling to youth and can expand it to working with their families. When the youth is not ready to engage, we can work with family members to understand the impact of the youth's use on them. Youth have often given me feedback that they appreciate us working with their caregivers because they do not feel like the onus is only on them to change. Family members have also commented on the amazing growth and transformation they have experienced in family therapy.

Having worked at Breakaway for over 12 years, I have seen firsthand the positive impacts of a flexible harm reduction approach with youth from diverse backgrounds. I have worked with court-mandated clients that only wanted to address the injustice of their charges and were not ready to address the underlying pain that resulted in their use. Some of these clients have returned later with an increased desire to explore and process the underlying issues for their misuse. With some long-term clients, they started therapy only wanting to learn safer ways to use substances. As therapy continued, they started to see how they were self-medicating, and wanted to learn new ways to cope with stresses and understand how their traumas have impacted them. In other cases, I was able to educate the family about harm reduction, allowing them to gain some understanding of why their youth was using substances and build empathy for the challenge their youth face. In addition, when the youth felt heard and understood, they were able to understand their caregiver's fears and intentions for their well-being.

Our holistic approach allows youth to access services that support them where they are at, to feel less alone in their current choices, and to create space to make safer, healthier choices.



OUR PROGRAMS 2023-24

Supportive Housing

Breakaway partners with CommunitiCare (formally Regeneration Community Services) to offer supportive housing to individuals. This Housing First approach stabilizes clients, increases uptake of services (e.g. addiction treatment), and builds the foundations for achieving long-term goals (e.g. stable housing, stable employment).

Ability to care for self and others (LT)

Developed agency (LT)

Increased Stability (MT)

Reduced reliance on public services (LT)



My work at Breakaway is rooted in over 15 years of experience in the community-serving sector and academic training in addictions and mental health. I'd been involved in research with the Homeless Hub at York University, and other organizations such as Sistering.

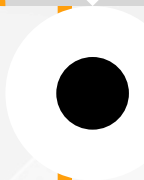
There are a lot of challenges for folks experiencing homelessness while using substances. Their lack of privacy compounds their hardships. They have a completely different experience because laws around public intoxication don't affect those drinking or using substances at home. Homeless people don't have that option. People who aren't housed can only use publicly,

putting their use and attempts at recovery all in the public eye and, at the same time, being exposed 24/7 to the stigma and criminalization that come with drug use. Between being permanently exposed to public scrutiny, the lack of empathy, and the challenges of getting access to services, homeless folks experiencing addiction have their work cut out for them.

Working in harm reduction and homelessness recovery has deep significance for me professionally, especially those who are most marginalized and least supported by existing systems. You can't help but notice that there is a pattern to those who don't or can't access services. The people who fall through the cracks are often trans, queer, or people of color. Personally, my lived experiences of homelessness and substance fuel my commitment to addressing harm reduction and housing as human rights issues. There is a philosophy in working in homelessness, "Nothing about us without us", that the best people who can think of solutions are those who have lived experiences being homeless, because the experience is so profoundly unfathomable to those who have not experienced it

Marisha Rampersad (she/they)

Client Support Worker, Supportive Housing



OUR PROGRAMS 2023-24

Through Ruff Times

Many clients are forced to choose between their health and their ability to care for their furry family members - often their only family. TRT offers temporary pet care that allow clients to take up health services such as medical operations and addiction treatments, enabling preventative care and reducing load on public services when conditions worsen.

Ability to care for self and others (LT)

Developed agency (LT)

Achieved healthier outcomes (LT)

Reduced reliance on public services (LT)



Melissa Pisante (she/her)
Program Coordinator, Through Ruff Times

I started at Breakaway right after graduating from George Brown College, initially working on the housing team before moving to harm reduction outreach in 2013. Working with clients in the community, it was difficult to not notice this critical gap - many people were turning down medical treatments to care for their pets. For some of them, their pets were their only family.

Mella and I created Through Ruff Times alongside our day jobs. We were grass roots, so we relied heavily on the community and input from service users. Our goal was increase uptake of medical and addiction treatments by offering temporary pet care.

These last 15 years have been both rewarding and challenging. I've seen harm reduction become more widely understood and accepted, which is hopeful. However, the need for our services has increased dramatically, and in recent years, we're starting to see more and more need from people who generally wouldn't need our support as the cost of living continues to grow.

What's stayed with me throughout my time here are the memories of our service users. I've learned so much from them about resilience, trust, and human connection. It's amazing to see how strong and capable people are when they're given a chance to be seen and heard. Our approach at Breakaway - "Come as you are, and we are here for you" - has allowed me to nurture authenticity and trust in my work.



OUR PROGRAMS 2023-24

Pieces to Pathways

P2P was Canada's first harm reduction service designed specifically for LGBTQ2S+ youth, a still marginalized group. Delivered by queer and trans staff with lived experience of substance use and recovery, P2P offers case management, skills building, and community groups, as well as harm reduction training for other organizations



***Tim McConnell (they/them)
Counsellor, Pieces to Pathways
taken during their band's recording
session!***

- Ability to care for self and others (LT)
- Developed agency (LT)
- Increased Stability (MT)
- Decreased negative interaction with public services (MT)
- Capacity-building across organizations (LT)

At Pieces to Pathways, we've created a unique space for queer and trans folks seeking support. There was a real gap in substance use support programs that truly accepted people and offered options beyond abstinence-only approaches. Breakaway gave us the autonomy to develop, experiment, and innovate this program to create what it is today.

We take the same long-term view, as do other programs at Breakaway. Agencies often close client files due to inconsistent appointments, but this approach punishes people for the very circumstances they're trying to overcome. We hold space for clients to come as they are: this allowed one of my clients to progress from infrequent sessions to sessions weekly.

Additionally, working with LGBTQ2S+ individuals requires a more expansive scope. We have to be attentive to factors that others might take for granted - like being appropriately identified, sharing aspects of oneself with family, or feeling comfortable in one's own body. Traditional therapeutic approaches focus on reframing or putting down trauma defences that were once useful but might not be needed anymore, but for our clients, especially trans women, the ability to find safety and put down these defences isn't so straightforward.

Ultimately, what I want people to understand is that our clients are whole people with full lives. They may come to us with concerns about substance use, but our conversations often evolve to encompass so much more. These are complex individuals who can't be reduced to any single identifier or issue.



OUR PROGRAMS 2023-24

Grief, Loss, and Wellness

GLoW is a unique program that supports frontline workers who are overwhelmingly impacted by trauma and loss driven by Canada's opioid and overdose crisis. Often, these workers are contract staff and lack access to benefits - GLoW steps in to provide one-to-one and peer supports that protect workers and allow them to stay in the field, as well as training for organizations to better care for their workers.

Ability to care for self and others (LT)

Reduced reliance on public services (LT)

Capacity-building across organizations (LT)

GLoW is unique in that we serve a different group of clients that most people don't think about - the service providers themselves. While supporting others through traumatic experiences in safe consumption sites and overdose prevention sites, they often pick up trauma of their own.

I've worked in harm reduction for over 24 years. The work we do is both extraordinarily beautiful and incredibly challenging. Frontline workers witness both the resilience and strength of people and the systemic failures that result in preventable despair for these very people. So many frontline workers pick up second-hand trauma while working to combat the worsening opioid epidemic, especially as many are on contract without no access to insurance or benefits to care for themselves and process their experiences. What makes this even harder is the environment of precarious funding where programs can be cut at any time, creating uncertainty and anxiety that compounds on the challenges they already face every day.



At GLoW, we work with individual frontline workers and organizations to provide talk-based or body-based support. We work to help them process their trauma and burnout so that they can stay healthy, and ultimately continue to do the work that they do.

For harm reduction frontline workers, this isn't just a job. It's a calling. Despite the challenges, uncertainty, and trauma, we continue because we are doing it from the heart. They're witnessing and responding to incredibly inhumane situations, often at great personal cost. Yet they persist, driven by a deep commitment to support those in need.

Amy Mui (she/her)
Client Support Worker, GLoW

2023-24 HIGHLIGHTS

Caring for our staff

This year, we worked to create space for our staff to care for themselves, including a group pottery class at Clay with Me and a trip to Carlisle Creek Farm Sanctuary for some reciprocal love.



Peter Leslie Memorial



Peter Leslie passed away August 11th, 2024. Peter played a huge role in Toronto's harm reduction community - he was a paramedic, soccer fanatic, frontline worker, and volunteer. Peter co-founded the Toronto Harm Reduction Alliance and the Toronto Harm Reduction Workers Union. He was a fighter - having experienced PTSD, homelessness, HIV, cancer, and countless loss and grief, Peter worked tirelessly through it all as a harm reduction worker, as an research and education advocate, and as a speaker for many public talks, workshops, media interviews, and deputations.

Thank you, Peter, for all that you have shared with us. Your laughter, your anger, your wisdom, and your fellowship. You are missed.

2023-24 HIGHLIGHTS

Karaoke for a Cause

We had a wonderful time this year at Karaoke for a Cause at the Three Dollar Bill, in Parkdale, raising funds for our harm reduction and mental health supports!



Harm reduction and housing advocacy

We attended many rallies against the closure of safe consumption sites across the city, partnering with organizations such as Friends of Kensington Market, The Neighbourhood Group, and NDP leaders across the city. Advocacy and activism is an inherent part of our work.



2SLGBTQ+ HARM REDUCTION TRAINING PROGRAM HIGHLIGHTS 2023-2024

The Harm Reduction Job Training Program was developed by Faith Wilson in response to an increased demand from P2P's clients, who were aging out of youth services and wanted to stay connected to resources. Understanding how impactful stability and purpose are to the substance use recovery journey, the program was developed as an extension of our services.

6,735+
People reached

3,120+
Trainee hours completed

6
Trainees graduating

26
Workshops delivered

Outreach + Tabling

- Yohomo Love on Top; Pride 2023 at the Bentway
- International Overdose Awareness Day at Dufferin Grove Park
- Yohomo for the Lovers - New Year's Eve at McCormack Warehouse
- NewHo Queen - Lunar New Year at Axis Nightclub

Kit Distribution

- Care Lab at Toronto Metropolitan University
- Encampment Support Network Parkdale
- Buddies in Bad Times Theatre
- Friends of Ruby Drop In
- Best in Town Sound Music Fest
- Pears Project at the University of Toronto

Workshops

- Harm Reduction Kit Making x3, including with Encampment Support Network
- Resident Advisory x ISO Radio Harm Reduction Workshop for Nightlife Workers
- When it's No Longer Serving: Cutting Back or Stopping Substance Use
- Lip Balm as Harm Reduction
- Venus Fest: Harm Reduction for Safer Parting
- Speak It Before You Freak It: Communicating Around Sex

Zines and Posters

- Client Workshop Survey
- When It's No Longer Serving Zine
- Safer Sex for Queers With Vulvas
- Speak It Before You Freak It



2023-24 FINANCIAL STATEMENTS

Breakaway Addiction Services

Statement of Operations and Fund Balances Year Ended March 31

	2024	2023
Revenue		
MOH - Long Term Care (Note 6)	\$ 2,679,082	\$ 2,556,482
MOH - Child and Youth Mental Health (Note 6)	309,968	307,448
Other grants and HRDC	191,455	117,911
Grief And Loss funding	483,511	573,435
Pieces to Pathways funding	225,637	191,321
Donations and other income	95,466	42,924
	<u>3,985,119</u>	<u>3,789,521</u>
Expenses		
Salaries	2,761,646	2,597,072
Employee benefits	528,599	444,642
Building occupancy	357,778	343,614
Client medical supplies and food	25,884	50,147
Accounting and bookkeeping	41,534	37,418
Clinical, governance and management consulting	38,288	32,319
Program operation and general administration	42,097	72,943
Postage, stationery and office supplies	14,608	19,813
Telephone	22,132	28,625
Audit and legal fees	10,374	8,312
Equipment leases and maintenance	5,202	8,003
Staff travel	20,294	17,857
Staff education	16,691	23,275
Insurance	14,713	14,127
Computer maintenance	50,124	43,891
Public education, advertising and promotion	2,639	4,541
Fundraising	1,046	6,352
	<u>3,953,649</u>	<u>3,752,951</u>
Excess of revenue over expenses for the year	31,470	36,570
Fund balance, beginning of year	121,705	85,135
Fund balance, end of year	\$ 153,175	\$ 121,705



THANK YOU TO OUR DONORS

Thanks to the generosity and support of our community, we've been able to continuously provide, adapt, and expand our services. Our donors play a vital role in supporting our clients as they navigate their relationship to substance use. Whether its through a monetary donation, a donation of supplies, or hosting a fundraiser, our donors ensure that our services are able to meet the needs of our community.

Throughout the challenges of the past few years, including COVID-19 recovery, the ongoing drug poisoning crisis, and the political headwinds as we work to support our communities through it, our communities have shown incredible resilience and strength. Thanks to our donors, we've been able to meet these challenges head on, expanding our services to provide more effective and comprehensive programming.

OUR MAJOR DONORS, 2023-2024

As we reflect on the past year, we would like to extend our sincere gratitude to the organizations and individuals who have supported our work with major gifts. Thank you for your generous support of evidence-based, client-centred healthcare.

- La Fondation Emmanuelle Gattuso
- The Auxilium Foundation
- Reuven International
- Echo Foundation
- Poul & Susan Hansen Family Foundation
- Hydro One Employee's and Pensioner's Charity Trust Fund
- Toronto Fire Fighters
- Friends of St. James Park
- The Eric S. Margolis Family Foundation
- Federation of Russian Canadians Ontario
- The Pollock Family Foundation
- Parterre Holdings Inc.
- Waterloo Region Community Foundation
- Aaron Myran
- Natalie Danse
- Joanne Hardie
- Maria Merone
- Marc Mbrisset
- Scott and Andrea Gould
- Arlene Moskivitch

SUPPORT US TODAY

The generosity of donors like you allows us to continue and expand our programming. By donating to Breakaway, you are ensuring that we can continue providing high quality and effective programming that supports our clients when they need it the most. Your commitment and generosity makes this work possible.

[CLICK HERE TO DONATE TO BREAKAWAY](#)

THANK YOU TO OUR PARTNERS

Bike Brigade
Brands for Canada
Canada Summer Jobs
CHUM City Christmas Wish
City of Toronto Drug Strategy
CommunitiCare Health
Covenant House
Daily Bread Food Bank
Dan Yan, Eleos Fund
FOCUS Toronto
George Brown College
Hussey Philanthropic Consulting
Jean Tweed Centre
Kensington Health
Midwest Ontario Health Team
Moss Park OPS
PARC
Parkdale People's Economy
Parkdale Queen West CHC
PHAC
Royal Ontario Museum
Toronto Metropolitan University
Second Harvest
Sick Kids Hospital
SNYP
Stella's Place
South Riverdale CHC
St. Michael's Hospital FHT
STRIDES Toronto
SUAP
TDIN
TELUS Mobility for Good Program
The Stop Community Food Centre
TO2AN
Toronto District School Board
Toronto Catholic District School Board
Toronto Public Health
Toronto Foundation
Toronto Rotary Club
VIRCAN
Mid-West Toronto OHT
West Toronto Network of Community Care
Youthlink What's Up Walk-In
Yonge Street Mission
Evergreen Drop-In
York University

CORE FUNDERS

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Ministry of
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