#### **ABOUT US**

Breakaway Community Services is a multi-functional substance use support and treatment agency that provides a range of community-based and outreach programs.

#### **MISSION**

Our mission is to provide seamless, comprehensive and effective harm reduction services and a full range of substance use support services that are amenable to an individual's needs and goals. Our services are offered through community-based facilities with a focus on street and community outreach.

### **PHILOSOPHY**

At Breakaway Community Services we are dedicated to providing treatment that includes all aspects of our clients lives and situations. We have always operated on a non abstinence or 'harm reduction' approach, which forms the philosophical basis for all our work, in reducing harm and enhancing the health of our clients.

#### **CONNECT WITH US**



416-537-9346



21 Strickland Avenue Toronto, ON M6K 3E6



www.breakawaycs.ca



## **SUPPORT US**

Through your generous donations and support, Breakaway can continue to offer harm-reduction focused addiction support services. We strive to reduce stigma and discrimination through awareness and education, and leverage opportunities to build enhanced client-centered, trauma-informed harm reduction services. Donate at: www.breakawaycs.ca/donate/





# BREAKAWAY COMMUNITY SERVICES



## PIECES TO PATHWAYS

P2P offers a full range of substance use support services, including the provision of 3 community drop-in spaces, individual addictions counselling and case management, and structured groups for LGBTQIA2S+ youth ages 16-29. All services are delivered by LGBTQIA2S+ staff members with their own experiences of substance use and recovery.

Intake: (437) 349-0434

## HARM REDUCTION OUTREACH

The Harm Reduction Outreach team works with people who use drugs and who can not afford to pay for services. We provide counselling and case management services. Our program will meet with anyone in Toronto who fits our criteria who would like support addressing their substance use, and/or who would like access to safer use supplies.

Intake: 416-537-9346 x 225

## GLOW INITATIVE: GRIEF, LOSS, AND WELLNESS

The GLoW Initiative offers 1-1 and group supports to frontline workers, community-facing management and coordinators, and community supporters who have been impacted by the trauma and overwhelming loss of the drug poisoning and overdose crisis. Intake: kais@breakawaycs.ca

## PROGRAM INFORMATION

## SATELLITE OPIOID TREATMENT CLINIC

Satellite is a community-based outpatient opioid addiction treatment service. Services include opioid agonist treatment counselling, and case management, among others.

Intake: 416-537-9346 x 1

## ADDICTION SUPPORTIVE HOUSING

The Supportive Housing program is offered in partnership with Regeneration Community Services, and is available to individuals who are currently housed in our program only, are 16+, who have problematic substance use and require stable housing. The program provides supportive housing to people without requirements for engaging in addiction treatment. Participants are referred to us through Regeneration.

#### FAMILY AND YOUTH INITATIVES

This initiative is an outpatient program developed to meet the needs of youth, aged 12 to 25, and their family members and friends who are struggling with substance use concerns. We provide individual and family therapy, school outreach, and harm reduction education.

Intake: 416-537-9346 x 225

## TORONTO OPIOID SUPPORT TEAM

The Toronto Opioid Support Team provides outreach services for people who are using opiates and replacement medications, and have little or no access to supportive services. We work collaboratively with agencies and programs in the community to offer holistic, compassionate, accessible and flexible ongoing or short term support. Intake

For Youth – Stephen 416-910-7908 For Older Adults – Gordon 416-910-5039 For Women – Lindsay 416-910-7882

#### THROUGH RUFF TIMES

Through Ruff Times aims to reduce barriers for people with pets who may experience poverty, homelessness, mental health and substance use, violent living conditions and/or any other self-identified challenges. Along with our volunteer RUFF Sitter Team, we provide no cost, temporary pet care for up to 3 months.

Intake: (647) 209-4058

OUR PROGRAMS ARE ALWAYS FREE, CLIENT CENTRED, AND CONFIDENTIAL